



March 2004

## Hello All-

In March we'll break all precedent and have our monthly meeting on the 5th, which is the first Friday. The occasion, as usual is the Northwest Intercessor's Conference held on the 2nd week. Just going from one party to another...

The exciting thing about this diet program is that it works. Radical in nature, difficult to stay with at times, but it really works. People feel better, their health starts turning in the right direction, and it just keeps happening.

That's because, unlike so much of medical treatment, we're not manipulating symptoms. Instead, we're giving our body what it really needs to repair itself and then operate at peak efficiency.

I've spoken to several people in the past month who've dealt with cancer issues. They say the diet works. Other conditions respond even faster. Cancer is really the big baddie but sickness is sickness.

Last month we took a look at Dr. Atkins, and by now I got a printout of what I'd been hearing about. At the time of his death this diet guru was @ 75lbs overweight! A good deal of what I've been hearing has been critical of Dr John McDougall for obtaining and releasing the medical report on Atkins. While there may be privacy issues involved, I'd say many of those are marginalized by the fact that Atkins had established himself as an *authority* on diet and health. The fact he was a fat man with a bad heart is something his followers need to consider!

Our Lord told us that the pathway to life was a hard and with a narrow gate. The path to destruction has a wide gate and is easy walking-downhill if I remember right. One can't even wander through a supermarket without seeing some plug for Atkins. But does it really work, or is it just an easy sell? Remember, it's life and death...

Life is still ramping up on my side of the fence. Can't tell whether I'm getting more bone spurs, or whether some teeth are re-growing. I've heard of such things happening, especially for those on high energy diets. Should know more by next month, anyway. In the mean time, life is pretty good right now. I think I caught at least one of the bugs that's been making the rounds. My throat was scratchy for a few days and I felt a bit down. Several of my co-workers spent weeks frequenting doctor's offices and sampling the latest and most exotic antibiotics. I'll take my infirmities over theirs any day.

If you can make it, we'll meet at 7PM. If you'd like to bring food to share, that's great and you could come any time after about 6:15 to do a bit of final prep. And if you have any prayer needs, bring them too, as we should be all prayed up and getting ready for the conference. I think I'll serve some veggie sandwiches that were quite a hit back in my Bible College days. Come if you can...

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